

2025 EAST BAY WARRIORS POP WARNER
FOOTBALL and CHEER ASSOCIATION
INFO. SECTIONS FOR COACHES AND PARENTS

(Note: for a complete set of rules, etc., see our By-Laws posted on the EBW website.)

ARTICLE III: MEMBERSHIP/ELIGIBLE VOTERS/VOTING MEMBERS

Membership is open to any person or parent/guardian of a participant in good standing and who sincerely wishes to promote EBW and its activities.

VOTING MEMBERS:

Only Eligible voting members will be entitled to vote at any general meeting. Members will be eligible to vote at the 4th meeting they are attending within the previous 12-month period.

(Example: To vote in January, you must be attending your 4th meeting since the previous February). These members will be here and known as the Board of Directors (BOD). All members of the association are subject to the PWLS Rules and Regulations, New England Region Pop Warner Football and Cheerleading Standard Operating Procedures, in addition to RISMA Operating Rules and Regulations. Voting members must be at least eighteen (18) years of age.

- Members who do not attend 3 meetings in a row without an approved excuse by the board shall be dropped from the rolls and must begin their 4 meeting attendance again.
- It shall be the Football or cheer Secretary's job to keep an updated list (see duties).

ARTICLE XI- COACH APPROVAL/TEAM APPOINTMENTS:

1. . . . Anyone interested in a Head Coach position, Cheerleading/Football, shall make his or her intentions formally known and submit the coaching application to the Coordinators no later than the April monthly meeting.
2. Head Coaches selection of assistant coaches must be submitted to the Executive Board for approval at the June monthly meeting. . .

ARTICLE XIII- FUNDRAISING:

1. EBW will accept any help in fundraising activities from any outside organization. Parents are expected to support fundraising activities for the organization.
2. Volunteers: Parents are expected to volunteer a minimum of 1 hour per child, per season. A volunteer fee is paid at registration and will be refunded after volunteer hour(s) have been met. Coaches will be refunded as soon as they are approved by the board.

ARTICLE XV- AUTHORIZED SIDELINE PERSONNEL:

In addition to the coaching staff, a team may have additional support rostered personnel positioned within a team box during the game. The total number of team support shall coincide

with National Pop Warner Rule. **All sideline personnel shall be previously approved for said team by the Executive Board. No unauthorized individuals shall be permitted on the playing field area.**

ARTICLE XIX- EQUIPMENT

1. Equipment is to be turned in one (1) week after each team's final game.
2. Head coaches must notify the Cheer/Football Coordinator of any individual who has not turned in his/her uniform equipment. The League shall notify said individual and attempt to get the uniform/equipment returned.
3. Any individual failing to return any property belonging to EBW shall not be able to take part in any future EBW functions including, but not limited to, the Awards Banquet, playing, and/or cheerleading, until such items are returned to EBW or compensation has been made for said items.

The signature of the participant's parent/guardian on the EQUIPMENT CONTRACT holds them responsible for all uniforms/equipment issued to their child during the season. If any equipment/uniform is lost or damaged beyond normal use, the parent/guardian must reimburse EBW for the current replacement value of the equipment/uniform. Should the equipment not be returned on the date specified a bill will be sent to the parents/guardian for the equipment, and children will forfeit any awards due them at the annual Banquet.

ARTICLE XXVI: ADULT BEHAVIOR

1. At any Pop Warner event, practice or competition, any adult who: 1) verbally abuses; 2) attempts to intimidate; 3) is flagrantly rude or, 4) cannot control their language or actions with an official, coach or Pop Warner volunteer will be asked to leave the Pop Warner event. He or she will receive a written warning regarding their behavior. His or her child(ren) will be immediately removed from the Pop Warner event.
2. Any adult that commits a second similar offense will be banned from Pop Warner events for the remainder of that season and their child(ren) will be removed from Pop Warner for the remainder of that season. No refund will be warranted.
3. Abide by current Social Media Policy.
4. Any adult who *physically assaults an official, coach or Pop Warner volunteer will be banned from Pop Warner and their child removed from the Pop Warner program for one year from the date of the offense. The child(ren) may not participate in another Pop Warner Association during the sanction period. After one year, the parent may apply for reinstatement of his or her child. If the adult commits a second offense, he or she will be permanently banned from Pop Warner and the child(ren) permanently removed from Pop Warner.

*The term physical assault includes, but it is not limited to: hitting, slapping, pushing, spitting, kicking or striking in any way with any; part of the body or any physical implement.

ARTICLE XXVII: SOCIAL MEDIA

Social media has become ingrained in today's society. The wide variety of social networking tools presently available provides people easy access to share important news and events with each other. Social media technologies such as Twitter, Facebook, Internet forums, weblogs, social blogs, micro blogging, Wikis, podcasts, photographs, video rating, social bookmarking and others have many benefits in our world; however, they can also be disruptive when inappropriate social media postings occur. Using these communication tools in an inappropriate manner can have negative consequences, especially if unkind words or threats are used with intent to hurt others.

EBW recognizes and supports its parents, athletes, and coaches' rights to freedom of speech, expression and association, including the use of social networks. The athlete and coach represent his or her team, league, town, and association, and therefore, they are expected to portray themselves, their teams, and their league in a positive manner at all times. Any online postings must be consistent with federal and state laws, as well as rules set for the by team, league, bylaws (including those listed below).

Specifically prohibited behaviors include but are not limited to:

- Sexually explicit, profane, lewd, indecent, illegal, or defamatory language/actions.
- Derogatory language regarding team, league, or other athletes.
- Comments designed to harass or bully students or league personnel.
- Nude, sexually-oriented, or indecent photos, images or altered pictures.

Resolution Procedure

EBW believes in and therefore places strong emphasis on professional conduct and teamwork. We recognize and understand that differences occur. The expectation is that all board members, volunteers, coaches, and/or parents communicate and address issues in a proactive and solution oriented fashion at the most immediate level and only with those directly involved. When you feel that the concern/problem is still unresolved it is expected that they clearly express that the issue still has not been resolved satisfactorily and that he/she would like to take the matter to the next person in line as indicated in this policy.

It is expected that all adults will initiate the following order of contact until resolution is achieved:

If resolution is not achieved at the most immediate level, then contact.....

Head Coach

If resolution is not achieved then contact...

Identified Coordinator

If resolution is not achieved then contact...

President

If resolution is not achieved then contact...

Executive Board

The intention is that all concerns or issues will be resolved in a fair and impartial manner, at the most direct level, and in the most immediate time frame.

ARTICLE XXIV: CHAIN OF COMMAND

Any problems or complaints from anyone shall follow the outlined procedures for resolution. Any issues not resolved prior to the involvement of the President must be submitted in writing to the President before continuance of the resolution process.

All coaches, football, cheer participants and parents are expected to read and follow the guidelines . . .

A member of the Executive Board will review these procedures with all football and cheer participants at the start of the season . . .

We ask that parents and guests respect the decisions of the coaches and officials during contests and practice. We realize that you may disagree with these decisions from time to time. In order to teach sportsmanship and fair play, we need adults to be visible role models. Keep your cheering and comments in a positive mode and encourage our players. The following steps shall be taken in order to resolve a problem between the participant and the coaching staff.

1. If the participant or parent has an issue with the coach, whether it is playing time or such, they need to arrange a meeting with the coach to discuss the situation. The events, game sites and practice fields are not appropriate places for conflict or disagreement. This should be the first step in any conflict.
2. If an outside party or member of the organization has an issue with the organization as a whole, a volunteer, or member of the Board of Directors, the party needs to arrange a meeting with the Board Member directly responsible for the area of concern to discuss the situation. This should be the first step in any conflict.
3. If a further meeting is needed, the coach, participant, and/or parent may request a meeting through the President. The President will keep notes on the meeting.
4. If the conflict is still not resolved, the complainant shall submit to the President a written letter detailing the issues. The President shall submit the letter to the Executive Board and apprise them of the steps taken to resolve the situation. The Executive Board will decide how to proceed.

Specifically for Coaches

ARTICLE X – COACHES:

Head Coaches, under the jurisdiction of the Executive Board, shall be responsible for:

1. The conduct and control of their team, coaching staff, players, and parents.
2. They shall also be responsible for the proper fit, maintenance, and the return of all the equipment.
3. Coaches must abide by all EBW League rulings and/or Executive Board decisions.
4. All coaches, once appointed are subject to a BCI (Bureau of Criminal Investigation) check, per request of our RISMA.
5. All Head Coaches that are given sufficient notice shall be required to attend all of the mandatory coaches meetings that will be held as needed during the year, and as set forth by the Football Coordinator and/or the Cheerleading Coordinator.
6. The (Cheer/Football) Coordinators will be the contact person to all Head Coaches that are required to attend, and also have the right to disciplinary action if a Head coach does not attend. If in the event disciplinary action is necessary, the Executive Board will govern it, and the Executive Board's decision will be final.
7. All Head Coaches (Cheerleading and Football) will be given a copy of the National Pop Warner Little Scholars Rules and Regulations handbook, Coaches Code of Conduct, and EBW By-Laws.
8. Each Assistant Coach will be given a copy of the PWLS "Coaches Code of Conduct". All coaches (Cheer/Football) will be required to attend a pre-season meeting prior to taking the field. Coaches will sign off on the Code of Conduct attachment given to them at this mandatory meeting held in July, prior to the start of the season, if they have not already done so when filling out the coaching application.
 - All rostered staff must comply with any conference coaching clinic requirements in order to maintain their eligibility.

ARTICLE XXV: COACHES CODE OF CONDUCT

All coaches, football and spirit participants will abide by a Code of Conduct which includes the following provisions. If any of these rules are broken, the Association shall have the authority to impose a penalty.

Coaches Shall:

1. Not smoke and/or use smokeless tobacco on the field.
2. Not criticize football players/cheer participants in front of spectators, but reserve constructive criticism for later, in private, or in the presence of team/squad members if others might benefit.

3. Accept decisions of the game officials and judges on the field and in competitions as being fair and called to the best ability of said officials.
4. Not criticize an opposing team, its players, spirit participants, coaches, or fans by word of mouth or by gesture.
5. Emphasize that good athletes strive to be good students and that both are physically and mentally alert.
6. Strive to make every football and spirit activity serve as a training ground for life, and a basis for good mental and physical health.
7. Emphasize that winning is the result of good "teamwork."
8. Not engage in excessive sideline coaching and shall not leave the bench area to shout
 - a. instructions from the sidelines.
9. Together with team officials, be jointly responsible for the conduct and control of team fans and spectators. Any fan who becomes a nuisance and out of control will be asked to leave.
10. Not use abusive or profane language at any time.
11. Not "pile it on " not encourage their team to get a commanding lead and raise the score as high as it can. In these instances, every effort shall be made to let all players play.
12. Not receive any payment, in cash or kind, for services as a coach in Pop Warner Football/Spirit. This includes any coach, expert, consultant or choreographer, regardless of his/her roster status.
13. Not recommend or distribute any medication, controlled or over the counter, except as specifically prescribed by participant's physician.
14. Not permit an ineligible player or spirit participant to participate in a game.
15. Not deliberately, incite unsportsmanlike conduct.
16. Abstain from the possession and drinking of alcoholic beverages and the possession or use of any illegal substance on both the game and practice field.
17. Remove from a game or practice any participant when even slightly in doubt about his/her health, whether or not as a result of an injury, until competent medical advice is available.
18. Control their fans. Remember, as a team coach, you're responsible for your team, and fan reaction will usually be in step with your reaction.
19. Abide by current Social Media Policy.
20. Uphold all rules and regulations. National and local, regarding Pop Warner Football, Cheerleading and Dance.

ARTICLE XIX- EQUIPMENT

1. Head Coaches will be responsible for their own team under the direct supervision of the League President, Cheer/Football Coordinators, and/or Football Equipment Manager, for the issuing, receiving, maintaining, inventory, and general care of equipment and medical supplies. Equipment is to be turned in one (1) week after each team's final game.
2. Head coaches must notify the Coordinator of any individual who has not turned in his/her uniform equipment. The League shall notify said individual and attempt to get the uniform/equipment returned.
3. Any individual failing to return any property belonging to EBW shall not be able to take part in any future EBW functions including, but not limited to, the Awards Banquet, playing, and/or cheerleading, until such items are returned to EBW or compensation has been made for said items.